



# Holy Rosary Menu for August 2018



## WELCOME STUDENTS

Doris Herron of Richmond prepares tasty, nutritionally balanced hot lunches for Holy Rosary students.

### The Hot Lunch Program will begin August 13th.

Students may participate in the Hot Lunch Program on a monthly basis.

Select either 5 days (M-T-W-Th-F) or 3 days (M-W-F) per week.

To participate in the Hot Lunch Program in August, 2018 please fill out the attached form and return it to your student's Teacher(s) by August 13th.

### *Generous servings of:*

- A hot entrée
- Vegetable or fruit
- A variety of bread
- Milk or juice
- Dessert

\$4.00

| <i>Monday</i>  | <i>Tuesday</i>   | <i>Wednesday</i>  | <i>Thursday</i>   | <i>Friday</i>  |
|--|--|---|---|--|
| <b>13</b><br>Chili hot dog<br>Chips<br>Carrot sticks w/<br>low fat dressing<br>Applesauce    | <b>14</b><br>Crispy beef taco<br>Lettuce & tomato<br>Pinto beans<br>White rice<br>Picnic wafer | <b>15</b><br>Grilled cheese<br>sandwich<br>Chips<br>Celery sticks w/low<br>fat ranch<br>Animal crackers | <b>16</b><br>Cheese burger<br>Lettuce & tomato<br>Oven baked fries<br>Baked beans<br>Apple slices | <b>17</b><br>Crunchy oven-baked<br>chicken nuggets<br>Mashed potatoes<br>Green salad<br>w/ low fat ranch<br>Chocolate cake |
| <b>20</b><br>Cheese nachos<br>Refried beans<br>White rice<br>Picnic wafer                    | <b>21</b><br>Pancake w/syrup<br>Pork sausage<br>Hash browns<br>Orange wedges                   | <b>22</b><br>Spaghetti<br>w/meat sauce<br>June peas<br>French bread<br>Sliced peaches                   | <b>23</b><br>Ham & cheese<br>sandwich<br>Cucumber slices w/<br>low-fat ranch<br>Apple slices      | <b>24</b><br>Baked chicken<br>Whipped potatoes<br>Green beans<br>Banana  |
| <b>27</b><br>Chili hot dog<br>Pretzels<br>Carrot sticks w/<br>low fat dressing<br>Applesauce | <b>28</b><br>Crispy beef taco<br>Lettuce & tomato<br>Pinto beans<br>White rice<br>Picnic wafer | <b>29</b><br>Grilled cheese<br>sandwich<br>Chips<br>Celery sticks w/low<br>fat ranch<br>Fruit           | <b>30</b><br>Cheeseburger<br>Lettuce & tomato<br>Baked beans<br>Oven french fries<br>Apple slices | <b>31</b><br>Crunchy oven-baked<br>chicken nuggets<br>Mac & cheese<br>Green salad<br>w/low fat ranch<br>Chocolate cake     |

*Baked Potato and Salad  
for Teacher's lunch every Friday*

Student Name: \_\_\_\_\_

Grade: \_\_\_\_\_ Teacher: \_\_\_\_\_

Parent's Name: \_\_\_\_\_ Phone #: \_\_\_\_\_

August Fee: M-T-W-T-F \$60.00 M-W-F \$36.00 (All lunches are \$4.00) Amount Enclosed:

*Please make checks payable to: DORIS HERRON*